**North Central District – APTA-WI**

**Tuesday February 11, 2025 Meeting Minutes**

**Videoconference via Zoom:** Chris Ashbeck (Chair), Ben Solheim (Vice Chair), Dave Smith (Secretary/Treasurer), Cindy Koehler (Membership APTA WI and NCD), Kate Bennett, Aaron Homolka, Mary Repking

**CE/Presentation/Discussion:** (after business portion) – none. See below for upcoming CE opportunity and info about future meetings and CE

**Officer Reports:**

* Review and approval of minutes from prior meeting – (on website)
* Treasurer report– Dave Smith:
  + $16,972 on 12/31/24
  + Net Income approx. $3052 from Ethics CE in Sept. See October minutes for details

**Subcommittees/Representatives:**

* Executive Committee
  + APTA WI Board of Directors meeting 2/1/25 update – Chris Ashbeck
    - Changes to District by-laws
      * Officers – only require Chair and Secretary; can have Vice-Chair
      * CE – 1 event per year (was 2 in past)
      * Chris trial/proposed – remove CE at end of our NCD meetings to shorten duration to an hour to increase attendance. Supplement with CE in conjunction with UWSP; see future discussion below about Grand Rounds
  + Practice Committee – Webinar Series starting on 3/19/25
    - *Direct Access – What are we waiting for?* By Lynn Steffes and Bill Boissonnault
    - $25/session for APTA members, $50 non-member, $10 student
    - Series of 6 with 6th free if pay for 5
  + Legislative Updates: Prior Authorization Reform Legislation in 2025.
    - Prior Auth Data Set (per Lynn Steffes in 2024) – Surveyed 7 Health Systems in WI; main themes from data
    - Primary insurance plans include Anthem BC/BS, Humana, WPS, UHC
    - PA Denials: $58k nationally, $18k WI. 3500 denials, 5100 delays
    - Cost to manage by health systems: $3.6 million; therapist time 11 minutes/PA
    - Private practice: cost to manage $316k. 2500 denials, 883 delays
    - Continued collection of data and patient/therapist letters of issues
    - Continue to request PAC (Political Action Committee) donations by members; recurring donations work the best for budgeting/planning for the year. We lag way beyond other professional organizations)
  + Federal Legislative Day July 14-25, 2025 (Washington DC)
    - APTA-WI would like to have a rep from each district. Let Chris know you if you are interested in representing the NCD
  + APTA – proposed Budget Bill – reverse cut to Medicare and adjust to inflation
  + Trauma Informed Care – resources on the APTA-WI website
  + Board of Directors Executive Committee – at large member – Chris Ashbeck nominated and elected at the last meeting. Congrats Chris!
* Membership Committee: Cindy Koehler
  + APTA-WI Membership Committee updates
    - Tool Kit for APTA WI website to assist those explaining/educating about value of membership. Date available unknown at this time.
  + Membership for the district – most recent numbers
    - NOTE: Component Connection portion of APTA webiste has been under maintenance/updating since November 2024. Numbers cannot be confirmed as of right now.
    - Changes month-to-month
    - Sept – large change in numbers due to student additions; graduation in May/June
    - Societal trends – people are not joining groups/organizations
    - NCD members Feb’25 = 196, Feb’24 = 273 (102 PT, 57 SPT, 9 PTA, 6 SPTA
    - APTA WI Feb’25 = 2368, Feb’24 = 2514
* Education Committee: (Ben Solheim – Vice Chair, Kate Bennett, Karna Sandok, Nicki Quarne)
  + Possibilities:
    - Ethics – Mary Repking, 4 hours about excellence is more than technical skills, living core values, use of body language and verbal skills in a high tech world
    - Tai Chi – Chrissy Haley

**Old Business:**

* UWSP DPT Program Updates – Chris Ashbeck
  + CAPTE accreditation process ongoing – no meeting until April

**New Business:**

* “Perspectives in Practice” - Grand Rounds Case Presentations collaboration with UWSP DPT Program pilot – Chris Ashbeck provided info
  + *Cancer Rehab Case Presentations* – Leslie Waltke PT, DPT, Waltke Cancer Rehabilitation Academy in Elm Grove, WI.
  + April 30, 6-8 pm at UWSP – more details to come
  + 6:00 to 6:30 social with NCD therapists and UWSP staff and students
  + Free for NCD members
  + Space at UWSP holds 100+
  + Goals (Sheri Bunyan):
    - collaborate and provide CE for students and NCD
    - once to multiple times/year with case presentation focus
    - recoup cost with small fee if needed
  + Discussion: as at prior meetings, thought was NCD could provided financial assistance. Possibility of sharing $2300 cost with UWSP. Could help get NCD therapists to campus and recruit for CI’s. Possibility of CI’s always having it free or NCD members. Concern was raised about only supporting one PT school in the state.
  + **MOTION** (Chris Ashbeck): The NCD will donate $1150 to support, in conjunction with UWSP, the “Perspectives in Practice” Cancer Rehab Case Presentations on April 30, 2025.
    - **VOTE: 5 YAYs, 0 NAYs, 2 abstaining. Motion Passed**
* Nominating Committee of APTA WI (Kate Bennett) – Lauren Hogan is Chair
  + State positions open for next election; get word out to others, share ideas with Kate
  + Positions open:
    - Treasurer (1) – no incumbent
    - Secretary (1)
    - Delegate (4)
    - Nom Com (1)
    - Director (1)

**Future Meetings: Note the meetings will be held on the SECOND Tuesday of the month in February, May, and October at 5:30 pm. Our next meeting date is May 13, 2025.**

Submitted by NCD Secretary Dave Smith

**CONTACTS:**

**Chair: Chris Ashbeck** [aschbeck.chri@gmail.com](mailto:aschbeck.chri@gmail.com)

**Vice Chair: Ben Solheim** [bsolheim@himwi.com](mailto:bsolheim@himwi.com)

**Secretary/Treas: Dave Smith** [smith.david@marshfieldclinic.org](mailto:smith.david@marshfieldclinic.org)

**PT-PAC FUND:** <https://aptawi.org/political-action-committee/>

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